

BE GOOD TO YOUR SKIN. YOU' LL WEAR IT EVERY DAY FOR THE REST OF YOUR LIFE - RENNE ROULEAU

ABOUT TREATMENTS



FACIALS. ADVANCED & SIGNATURE

All treatments in this category are fully prescriptive clinical facial treatments to instantly boost your skin. Each treatment in this category requires pre-consultation by your senior derma therapist.

First time treatment, please allow 90 min - 2 hours to complete advanced skin consultation .

Follow up facials, please arrive 15 minutes earlier to "catch up" on the latest skin updates.

90 Minutes / from \$195 60 Minutes / from \$165

In good hands

Not sure where to start ? We treasure your trust and an opportunity to create truly tailored skin treatment . No two facials are ever identical." We are doing the facial based on what we see today," and "If we saw you in three weeks, it might be a very different story.

includes:

Facial treatment may combines multiple technologies such as LED, Low Level Ultrasound Therapy, Skin Needling, Micro - current, Ultrasonic peel system , Lymphatic Therapy delivering visible results in one session. Fully customised facial tailored around the individual skin condition rather than skin type.

carefully selected

brands

ENVIRON.

DMK. ROCCOCO BOTANICALS.

CELLUMA. DERMAPEN . OmVEDA. OBSERV 520.

bt - Micro,

ENVIRON DF INFUSION

Minimally-invasive treatment targets area beneath the epidermis and stimulates the natural production of collagen and is effective in alleviating facial wrinkles, fine lines, and tightening and toning to the face, neck, hands and body.

The Ionzyme® DF Technology harnesses patented electro-sonic technology which is why the Environ Ionzyme® DF Facial is probably the world's most technologically advanced facial treatment.

It is the unique combination of Pulsed Iontophoresis (i.e. the electronic part of the technology) and Low Frequency Sonophoresis (i.e. the sound wave part of the technology) in one probe that has been proven to improve the overall appearance and vitality of the skin. 3 - 6 treatments are recommended.

LYMPHATIC THERAPY

The philosophy behind Lymphatic Therapy is all about training the skin to function at it's optimal level. It works by increasing blood and lymphatic circulation in the skin, and achieves mild exfoliation benefits through the hydrolysing of dead surface skin cells.

The increased circulation boosts cell regeneration and improves overall skin health. This is a fantastic introductory treatment for those looking to take the first step towards healthier, more rejuvenated skin. Lymphatic Therapy Masque is also a fantastic "pick me up" treatment for those looking for a quick improvement for a special event or occasion.

Suitable for all skin concerns and conditions, even the most reactive and irritated skins. This treatment is not only suitable for, but is recommended when skin is at its most vulnerable. Post-surgery and post-injectables, masque can help reduce swelling and bruising, and can assist in the healing of inflamed skin conditions such as eczema and dermatitis.

ROCCOCO SIGNATURE BLACKHEAD MELTING TREATMENT

This treatment is designed for those who have a lot of clogging. A thorough skin analysis needs to be done to check if the clogging is all over your skin and determine the causes of your breakouts. Blackhead Melting Treatment is an intense deep clean to the skin that utilizes advanced electrical equipment to soften blackheads and melt microcomedones preventing breakouts from forming. It helps calm lesions and bring down the appearance of inflammation in the skin. LED light is used to shorten the healing time of acne lesions and stimulate the appearance of plump new cells, which helps to minimize the appearance of acne scarring. The LED light has a germicidal effect on bacteria.

Roccoco's Signature "Redness Relief Treatment

This skin treatment gives you immediate results in reducing facial redness and sensitivity, in ONE treatment! Skin is refined and softened with the natural enzymes of Papaya and Pineapple to gently remove excess skin cells without irritating your delicate skin. Vitamins, Ceramides and our exclusive Dermal Remodelling Complexes are infused with the use of ultrasound into your skin. For maximum skin penetration and immediate skin calming. Chrysanthemum and Rose Facial Mask seals in the actives and leaves the skin calm and incredibly soft and hydrated. LED Therapy helps to calm the appearance of inflammation and improves the appearance of the capillary network by visibly reducing the appearance of diffused redness.

LED HEALING LIGHT

How does it work ?

Celluma light therapy mimics a natural photobiochemical reaction process to deliver safe, UV-free low-level light energy through an FDA cleared, high-intensity LED device. Use Celluma to regain and maintain your body's natural vitality without the concern of dangerous side effects often associated with drugs and topicals. Designed to address a multitude of skin and musculoskeletal conditions, Celluma is a user-friendly device with settings for acne, aesthetic, and pain conditions.

ACNE

Kills P-Acne Bacteria, promotes healing, reduces inflammation

WOUND HEALING

Accelerating the closure of derma wounds

SLOW AGEING

reduce fine lines and wrinkles

Illuminating Vitality as Nature Intended

30 minutes

The LED treatment is non-invasive, painless, requires no recovery time, and can be used on all skin types.



MICRO - NEEDLING

COLLAGEN INDUCTION THERAPY

Microneedling being the advance skincare treatment will reduce the appearance of wrinkles, fine lines, scarring, sun damage, improves the skin tone and texture, and give you plumper and smoother skin. As the treatment improves your skin's ability to self-repair by producing new collagen and elastin, you will see the exceptional results with minimal downtime. You will have the firmer skin and more youthful skin with this safe, chemical free treatment.

TREATMENT TIME

60 - 90 Minutes

INTENSITY OF TREATMENTS

Weekly to Monthly for a treatment scheduled. Each Skin Condition requires a personal program.

RECOVERY TIME

2-3 days

SKIN CONDITIONS

Micro- needling may help address many skin-related complaints, including:

- wrinkles
- scarring
- acne
- alopecia
- skin pigmentation issues
- stretch marks
- rosacea
- loose skin, such as after weight loss or liposuction

It may also help rejuvenate the skin.



TREATMENT CARE

PRE-TREATMENT CARE

- Skin should be makeup-free and cleaned thoroughly
- Avoid any auto-immune therapies or products 12 hours before the treatment
- Avoid prolonged sun exposure to the treatment area 24 hours before the treatment

POST-TREATMENT CARE

- Slight facial redness may be experienced up to 48 hours after the treatment.
- You should stay away from the alcohol based products for the first 24 hours as that can make your skin extremely dry
- Avoid direct sunlight for 24 hours
- Do not apply any sunscreen, tanning lotion or any other skincare products because your skin's micro channels are open for a period of time and also because many of the skincare products have toxic ingredients
- Do not apply any kind of makeup for at least 12 hours
- Wash your face thoroughly after the microneedling facial treatment with prescribed cleanser.
- Change your pillow case and face towel
- Avoid touching your skin
- Stay in touch with your Skin Therapist

CONTRAINDICATIONS

1. an active skin infection
2. active acne
3. keloid scarring
4. an unstable skin type
5. Pregnancy if anesthetic creme is used
6. Recent skin rashes
7. Active eczema
8. Psoriasis and other chronic conditions.
9. History of actinic or solar keratosis
10. History of herpes simplex infections.
11. History of diabetes.
12. Presence of raised moles in area to be treated.

ABSOLUTE CONTRAINDICATIONS:

Scleroderma, collagen or vascular diseases and cardiac abnormalities. Blood clotting conditions. Active bacterial or fungal infections. Immunosuppression. Not recommend for women who are pregnant or nursing.

Signature. Derma - Infusion

Choose : Hydro Boost. Peptide, Vitamin C

\$ 225 (course of 4 \$ 675)

Skin Condition:	texture irregularities, aged skin, mild lines and laxity, open pores, sun damaged skin and uneven pigmentation.
End results:	tighter skin, smooth and clear complexion, make up free skin
Duration ;	90 minutes
Downtime ;	up to 24 hours pinkness, soft flaking may follow, ready to apply make up after treatment.

TREATMENT CARE

Pre-Treatment Care

- Skin that has been overexposed to the sun and is sunburned should not be treated
- It's important to discontinue any topical medications and active skin care products for 7 days prior to treatment.
- Please let us know pre-booking if you are currently experiencing active rosacea or acne, dermatitis, sunburned skin, open sores, raised moles or warts, keloid scarring, skin cancer or recent skin cancer. Other skin anomalies will need to be considered. Please make an appointment with a NewSkin therapist to discuss your suitability.

Post-Treatment Care

- Your skin will have a healthy need for nourishing products. Apply appropriate corrective serum or mask followed by barrier oil or balm and sun protection. Ask your Skin Therapist about products suited to your skin type to ensure you achieve optimal results.
- We recommend avoiding the use of any exfoliating or abrasive skin care products for 3-4 days post treatment, such as lactic acid, glycolic acid etc.
- Ensure sun protection is worn (Antioxidant Enriched RAD sunblock) on a daily basis to avoid hyperpigmentation. Sun beds and self-tanning should also be avoided.
- Slight facial redness may be experienced up to 24 hours after the treatment. However, most people are able to return to normal daily activities immediately with little discomfort.

SKIN PEELS

Therapeutic range of restorative Clinical Skin Peels offers effective skincare programme designed to reduce fine lines, correct superficial flaws and enhance collagen regeneration, without the use of harsh chemicals or invasive methods of intervention.

BB Clinical Skin Peels include:

Environ Cool Peel: A range of Lactic and Glycolic peels.

Mesoesthetic Peels : an advanced line of latest generation peels for skin rejuvenation and embellishment.

Roccoco Pumpkin Peel : botanical enzyme suitable for all skin conditions

Modified Jessner Peel : great for pigmentation

TREATMENT TIME

30 Minutes

TREATMENT INTERVALS

6 Treatments, 2 weeks interval

6 Treatments, 4 weeks interval

RECOVERY TIME

No downtime

Jessner Peel - up to 3 days

Cosmelan Peel - up to 10 days

Is CLINICAL PEEL right for me?

We have a large selection of peels to suit every skin type. From our most superficial Light Peel (perfect for first-timers) to our deepest level Cosmelan Depigmentation Peel which offers superior results for those looking for a deeper level of chemical renewal.

To bare in mind, Peel treatments in Australia need to be prescribed very mindfully . Environ peels are an ideal way to treat skin living in under the Australian Sun.

Problematic conditions

Enlarged Pores

Dull or Rough skin will respond very successfully to peeling and skin that is in need of hydrating

Wrinkles and fine lines

Rosacea

Solar keratoses (known as age spots)



TREATMENT CARE

Pre-Treatment Care

- Avoid excessive sun exposure or use of tanning booths for 7 days prior to treatment.
- Avoid laser and skin treatments 2 weeks prior to treatment.
- Inform your skin therapist if you are pregnant or breastfeeding so a specific treatment plan can be developed for you.
- Those who have used Roaccutane in the previous year should wait 12 months before embarking on the treatment programme.
- Those already on a peeling programme should not embark on an additional peel treatment programme.

Post-Treatment Care

- Skin may appear red, dry and irritated and will usually peel. Swelling may also occur immediately after treatment. Do not remove flaking skin or exfoliate the treated areas, as this may cause scarring.
- Avoid hot showers until skin has returned to normal. Shower in lukewarm water and pat dry.
- Avoid prolonged sun exposure and use broad spectrum SPF protection daily.
- Do not spray tan 1 week before and up to 3 weeks after your peel (depending on strenght)
- Avoid swimming pools, spas and any environment that has a chemical agent such as chlorine until skin returns to normal.
- Follow product recommendations to soothe the skin and help hasten the healing process.

Gentle does it.

The principles of our peels are based on physiology of skin cells, these are to be protected and treated very well. If the skin cell is aggressively peeled this disrupts the skins natural barrier and water will easily be lost and environmental toxins can enter the skin more easily. Hence clinical peels remove the excess horny layer of the skin and yet maintain the water-proofing barrier qualities of the skin.

Peels are ideal for hydrating and refining; they repair cells and encourage cell exfoliation revealing fresh and youthful skin. Especially effective to treat scarring, rough textured, sun damage, acne and rosacea.

ACNE PROGRAM

Step 1 (75 Min) \$ 85 redeemable on LED Therapy Facial

HOLISTIC ACNE CONSULTATION

Discover more about your acne type, specific triggers and next steps through a personalized 1:1 online or in studio consultation with one of our expert Clear Skin Coaches. After this consultation you will have a game plan on how to get clear naturally via our 3-month Acne Program.

Naturopathic Session with Fiona 90 Min / \$150

CLEAR SKIN NUTRITIONAL COACHING

In this session, a Clear Skin Coach will help to address any problematic areas in your diet. Our clinic has found that some dietary choices are detrimental to clearing skin of acne. We know that dietary changes can be difficult. We will help you navigate these changes and replace them with skin-healthy eating habits. Your coach encourages you to listen to what your body is telling you. We can also help by providing resources for specific recipes and meal planning ideas that will work for you and lifestyle.

Tailored Session with Anandi 90 min / \$185 (receive meditation

CLEAR MIND & BODY

Today in our busy society, stress is more predominant than ever before. It is the #1 trigger of acne. At the Natural Acne Clinic, we strongly believe in a lifestyle that promotes clear skin, an abundance of happiness, and overall health. In this Coaching session, we will assist you in identifying your biggest stressors. The coach will guide you to find intentional ways of managing your stress, cultivating calm and clear moments in your life.

ACNE PROGRAM - sample of 1st Month

Note : The intensity of facial treatment depends on Budget, Work, Family, Personal commitments, Condition of the skin and a GOAL. It is ideal to visit our clinic 2 x for Facial during the first month and 2 x for a complimentary LED therapy. It is our wish to understand how much or little we need to do, to get your skin healthy. To progress the best we can, we advise our clients to schedule a session with our Naturopath or visit their current practitioner.

Week 1

Plan :

- 1. 90 or 45 Minutes Facial Treatment with Senior Skin Therapist*
- 2. Home Care Sample Pack and Home Skin care Plan for 1 week*
- 3. Complimentary LED therapy for week 2 therapy*

FACIAL TREATMENT

90 Minutes / \$195 45 min / \$130

Week 2 + Week 4

Plan :

- 1. LED Therapy (30 Min)*
- 2. Feedback, Goal Setting, Home Care Routine revised*

GG - GIFT + GOAL SETTING

Complimentary with purchase of essential Skin care (3 essential products) save \$110

Week 3

Plan :

- 1. 90 or 45 Minutes Facial Treatment with Senior Skin Therapist*
- 2. Treatment to be tailored on the day after skin analysis*
- 3. Complimentary INFRARED SAUNA Session (value \$55)*

FACIAL TREATMENT

90 Minutes / \$195 45 min / \$130

As soon as possible session with Naturopath

- 1. Health History & Listening to your story*
- 2. Current Life style Regime assessment*
- 3. Get to the bottom of your symptoms*
- 4. Clear Skin Health Plan*

FOOD FOR YOUR SKIN

90 Minutes / \$150